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Virginia Senator David Marsden Presents Address on Accessing Medical Cannabis in Virginia, Tallwood, April 16 (See Article Below; Click <u>here</u> for more photographs.)

April 26, 2019

Editor of the Week: John Nash

Table of Contents

- Alerts & Notices
- State Senator David Marsden Discusses Medical Cannabis in Virginia
- · History Club Meeting
- · Reston Book Club Meeting
- · Poet's Corner
- Obituary: Anne Ellis Lamar
- · Arts & Music at George Mason
- · Meetings & Clubs

About OLLI E-News

Alerts & Notices

- The Loudoun Program Planning Group will meet Tuesday, April 30, 11:05–11:50 in Room 2018.
- The annual business meeting and picnic will take place at Tallwood Friday, May 3. The
 business meeting begins at 10:00 followed by the picnic. If you register for the picnic
 (special event 1105), please bring a dish to share based on your last name: salad
 (A-G), side dish (H-O), or dessert (P-Z).
- Voting in the OLLI Board of Directors election begins May 3 and ends May 17.
 Candidates will provide brief introductions at the May 3 business meeting, followed by a question-and-answer session.
- The next issue of OLLI E-News will be published May 3; regular deadline for submission of items is Tuesday, April 30, at 6:00.

Back to Top of Page

State Senator David Marsden Discusses Medical Cannabis in Virginia



By Rita Way, OLLI Member and Board Secretary

On Tuesday, April 16, OLLI members filled TA-1 for an address by Virginia Senator David Marsden on accessing medical cannabis in Virginia (coordinated by Stephanie Trachtenberg). Senator Marsden, who represents Virginia's 37th District, addressed the benefits of the Virginia medical cannabis program. He spoke about the five-year effort to make cannabis-derived oils available to Virginians whose doctors feel that these oils will help relieve the symptoms of illnesses such as intractable epilepsy, multiple sclerosis, Crohn's disease, and others involving pain.

We heard from Beth Collins (pictured here with Senator Marsden-photo by George

Bradshaw), who spoke about her teenage daughter's struggle with intractable epilepsy most of her life. After trying numerous prescribed medicines that caused serious side effects, Beth turned to cannabis oil. Not only were her daughter's symptoms alleviated, but there were no side effects.



5/1/2019 5/1/2019

In 2017, Virginia approved a regulator program for instate production of medical cannabis oils by five



providers called "pharmaceutical processors." Although marijuana possession remains illegal in Virginia, the legislature has decided to provide an affirmative defense for registered patients, caregivers, and pharmaceutical processors.

For more information on medical cannabis, go to website vanorml.org.

Back to Top of Page

Page 3 of 9

History Club Meeting



By Beth Lambert, History Club Coordinator

The final meeting of the History Club for spring term will be held on Wednesday, May 1, at 2:15 in TA-1. Our presenter is Steve Waldman, who will be speaking on Theodore Roosevelt—The Last Hurrah and the Election of 1912. Steve notes that this election was a watershed one in that it ended the career of the charismatic "Teddy" Roosevelt and ushered into office Woodrow Wilson, the first Democrat president in 15 years. Furthermore, the Socialist candidate, Eugene V. Debs, gained almost one million votes. Steve's background in historical studies equips him well to delve into the twists and turns of this unique election.

This is the last meeting of the History Club until October. You will miss us during the long summer, so take advantage of this opportunity to learn a fascinating fact or two about our nation's past. Remember: all OLLI members are welcome to attend History Club meetings.

Back to Top of Page

Reston Book Club Meeting





By Nancy Scheeler and Luci Martel, Reston Book Club Coordinators

The Reston Book Club will have its third meeting of the spring term on Thursday, May 9, 2019, at 2:15 at the United Christian Parish Church in Reston. The book selection is My Name Is Lucy Barton by Elizabeth Strout, a Pulitzer Prize winner for fiction. The book details the complicated relationship between the titular Lucy Barton and her mother. Hospitalized following surgery, Lucy is visited by her mother after years of not speaking and begins to reconnect



with her. This book is considered a good example of Strout's ability to weave the nuances of human relationships with family tapestries of compassion, wisdom, and insight.



Poet's Corner

Courtesy of the Poetry Workshop

Cosmic Stuff

sitting near my desk an antique floor lamp throws useful light and annoying shadows about while my tv is explaining gravitational waves the discovery channel einstein and hawking who in his wheelchair shares in robot voice how all black holes will eventually just evaporate and here i sit wondering why a poem i am trying to compose can have meaning when the center of our galaxy a black hole by the way will eventually just evaporate taking with it this excellent but meaningless microscribble. think i'll warm up my cup of coffee in the micro downstairs then return and somehow work all this out

tony rounds

Back to Top of Page

Obituary: Anne Ellis Lamar

Anne Ellis Lamar, OLLI member since spring 2001, who was born in Springfield, Missouri, died on April 8, 2019. She was for many years a member of OLLI's Tom Crooker Investment Forum. When scheduled, she will be laid to rest with her husband, Brigadier General Kirby Lamar, Ret., at Arlington National Cemetery.

A funeral service will be held on Wednesday, May 1, at 1:00, at the Old

5/1/2019 5/1/2019 Page 5 of 9

OLLI E-News April 26, 2019

Page 6 of 9

Presbyterian Meeting House, 321 S Fairfax Street, Alexandria, VA. More information is available at this link.

Back to Top of Page

Arts & Music at George Mason

Performances, April 26 through May 6



By Shelly Gersten, OLLI E-News Staff Writer

For tickets for either Center for the Arts Concert Hall (CFA) or Hylton Center, call 1-888-945-2468, buy tickets online through the event calendar (see links below), or visit the venue's box office. For more information, see the CFA <u>ticket page</u> or the Hylton Center ticket purchase page.

At the Fairfax Campus Venues

Fairfax Symphony Orchestra: Holst's The Planets

Sat, Apr 27, 8:00

A pre-performance discussion begins at 7:00 with conductor Christopher Zimmerman and special guests.

Concert Hall

Admission: \$65, \$53, \$50, \$39, \$25.

Keyboard Conversations with Jeffrey Siegel: Chopin in Paris

Sun, Apr 28, 7:00

The Young Artists Musicale, featuring school-aged piano students, begins at $6\!:\!00$ in the main lobby.

Concert Hall

Admission: \$44, \$37, \$26.

Back to Top of Page

Mason Student & Faculty Performances

(see music.gmu.edu for additional student recitals)

Lysistrata

Fri, Apr 26, 8:00 Sat, Apr 27, 2:00

deLaski Performing Arts Building, A105, TheaterSpace

Admission: \$20 Adults; \$10 seniors.

The Wolves

Sat, Apr 27, 8:00 Sun, Apr 28, 2:00

deLaski Performing Arts Building, A105, TheaterSpace

Admission: \$20 Adults; \$10 seniors.

Mason Opera: The Medium and Suor Angelica

Fri, Apr 26, and Sat, Apr 27, 8:00

Sun, Apr 28, 2:00 Harris Theatre

Admission: \$20 Adults; \$15 seniors.

Mason Jazz Vocal Night - Spring

Mon, Apr 29, 8:00 Concert Hall

Admission: \$12 Adults; \$8 seniors.

International Jazz Day

Tue, Apr 30, 8:00 Concert Hall

Admission: \$12 Adults: \$8 seniors.

A Concert Presentation of Merrily We Roll Along

Friday, May 3, 3:00 and 8:00

Concert Hall

Admission: \$20 Adults; \$10 seniors.

Dance Innovations - Spring

Friday, May 3, and Sat, May 4, 8:00

Harris Theatre

Admission: \$15 Adults; \$10 seniors.

A Musical Feast - Gala and Concert

Sat, May 4, 5:30 gala; 8:00 concert

Gala includes food, wine, and student performance showcases.

Concert Hall

Admission: \$95 for gala and performance; \$30 Adults; \$15 seniors, for concert only.

Dr. Balakerskaia Studio Recital

Sun, May 5, 7:00 Harris Theatre Admission: Free.

Back to Top of Page

At the Hylton Center (Manassas Campus)

Gallery Exhibit: David Barr

Apr 2 - May 18

Buchanan Partners Art Gallery.

The Buchanan Partners Art Gallery is open to the public Tue-Sat, 10:00-6:00.

A Raisin in the Sun

Sat, Apr 27, 2:00 and 7:00

Sun, Apr 28, 3:00

Sat, May 4, 2:00 and 7:00

Gregory Family Theater

Admission: \$20 in advance; \$25 at the door.

Keyboard Conversations with Jeffrey Siegel: Rags to Riches

Sat, Apr 27, 8:00 Merchant Hall

Admission: \$44, \$37, \$26.

VA National Ballet: Carmen

Sun, Apr 28, 3:00 Merchant Hall Admission: \$40.

American Festival Pops Orchestra: Movie Music Magic

Fri, May 3, 8:00 Merchant Hall

Admission: \$50, \$43, \$30.

Manassas Symphony Orchestra: Beethoven Festival

Sat, May 4, 7:30 Merchant Hall

Admission: \$20 Adults; \$16 seniors.

InTune Music Studios: Spring Recital

Sun, May 5, 1:00 and 4:00 Gregory Family Theater

Admission: \$10.

Northern Virginia Ballet: Coppelia

Sun, May 5, 3:00 Merchant Hall

Admission: \$28 Adults; \$20 seniors.

Back to Top of Page

For further details on any of the above events, see the <u>CFA event calendar</u> and the <u>Hylton Center event calendar</u>.

Back to Top of Page



Meetings & Clubs

The following list covering the next two weeks is extracted for your convenience from the master online calendar maintained by the office, with direct web links added when available. The list is accurate as of mid-week but for the most up-to-date information, please view the latest forecast of coming events on our website (News/OLLI Calendar). Note: All OLLI members are welcome at, and encouraged to attend, meetings of the Board of Directors, committees and resource groups, kick-off coffees, etc. (bolded below).

Sat Apr 27	10: 30am	Tai Chi Club-TA-3
Tue Apr 30	11:05am	Loudoun Program Planning Group-Room 2018
	1:30pm	Mah Jongg Club-TA-2
Wed May 1	1:45pm	Bridge Club-TA-3
	2:15pm	History Club-TA-1
Fri May 3	10:00am	Annual Business Meeting-TA-1
Sat May 4	10: 30am	Tai Chi Club-TA-3
Tue May 7	11:05am	Bagel Brunch–Room 116 Reston UCP
Wed May 8		

OLLI E-News April 26, 2019

Page 9 of 9

	1:30pm	Tallwood Book Club–Annex
	1:45pm	Bridge Club-TA-3
	1:45pm	Spanish Club-TA-2
Thu May 9	2:15pm	Reston Book Club-Room 117 Reston UCP
	9:15am	Recorder Consort–TA-3
	9: 30am	Photography Club-TA-1
Fri May 10	9: 30am	Craft and Conversation–Annex
	11:00am	Classic Literature Club-TA-2
	11:00am	Homer, etcAnnex
Sat May 11	10: 30am	Tai Chi Club-TA-3

Back to Top of Page

About OLLI E-News

OLLI E-News was created by Rod Zumbro, who served as its editor from 2005 to 2013.

Editorial Staff

Chief Editor: Paul Van Hemel Associate Editor: David Gundry

Weekly Editor Team: David Gundry, John Nash, Sheri Siesseger, Leslie Vandivere,

Paul Van Hemel

Proofreaders: Rebecca Jann, Susan Van Hemel, Linda Randall, Tom Appich, Roz Stark,

Jane Hassel

Backup Chief Editor: Alice Slayton Clark

Submissions: Members are encouraged to submit letters to the editor, letters to Ms. Ollie Ettakit (on etiquette matters), OLLI-related news items, articles, and photos. Submit material to:

ollienewseditor@gmail.com.

Deadline: Tuesday, 6:00, for that week's issue (Monday, 6:00, for letters to the editor); early submissions are greatly appreciated. Please limit articles to about 250 words.

Note: You can view past issues of OLLI E-News on the DocStore. To search the content of issues, use Search Our Site or put your search term in Google followed by "site:olli.gmu.edu/" without the quotes.

Back to Top of Page

5/1/2019

